

## **Community Fitness Network**

Recreation SA's Fitness Standing Committee has several sub committees that operate under the Recreation SA umbrella. They are: Group Fitness Managers Network, PT Network and the new Community Fitness Network.

RSA has agreed to host and support the development of a Community Fitness Network. The quarterly meetings are held on a Wednesday at 12 noon on dates to be determined.

It is anticipated the network will meet on a quarterly basis at a time to be determined at the first meeting.

### **The Terms of Reference are:**

The committee will consist of Community Fitness Instructors

### **Role and Function**

- Provide a central point for issues/ challenges to be discussed
- Provide opportunities to exchange information
- Discuss trends and opportunities
- Peer support
- Disseminate information from Fitness Australia and Fitness Standing Committee
- To increase continuing education opportunities for community fitness
- Provide technical assistance and develop resources and materials for community fitness