

Fitness Australia Accredited Courses

CEC Number	Course Name	Provider	States	No.CECs	Contact	Category	Ph Number	Email Address
01735FA0609	8 Form Qigong for Health & Fitness	Exercise Medicine Australia	ALL	15	Yes	OA, Group	(02) 9281 8868	service@exercisemedicine.com.au
01825FA0110	Actions and Reactions	Movement Matters	ALL	3	Yes	OAT, FS	(02) 9816 4024	secas@optusnet.com.au
01678FA0309	Adances in Core Training	PT On The Net	ALL	2	No	PT		info@ptonthenet.com
01763FA0809	Advanced Ball Workshop	The Australian Institute (SA & NT) Pty Ltd	ALL	3	Yes	Gym, Group, PT, Older Adults, FS	(08) 8373 9000	sa@fitness.edu.au
01781FA0909	Advanced Exercise Nutrition	Human Kinetics Australia	ALL	8	No	Gym, PT FS	(08) 8372 0999	info@hkaustralia.com
01562N0708	Advanced Exercise Programming Clinic	Fitnation	Vic	3	Yes	Gym, PT	(03) 9596 5533	enquiries@fitnation.com.au
01617FA1008	Advanced Postural Analysis + Applied Exercise Prescription	Centrality Pty Ltd	ALL	15	Yes	GYM	(04) 1262 4294	centrality@optusnet.com.au
01788FA0909	Advanced Power Training	Human Kinetics Australia	ALL	10	No	Gym, PT, FS	(08) 8372 0999	info@hkaustralia.com
01699FA0409	Advanced Program Design	CHEK Institute/HQH	ALL	13	No	PT FS	(000) 0000 0000	greqd@hgh.com
01652FA0209	Advanced Resistance Training Exercise Technique	Fitnation Pty Ltd	ALL	4	No	Gym, PT	(03) 9596 5533	enquiries@fitnation.com
01789FA0909	Advanced Strength Training	Human Kinetics Australia	ALL	10	No	Gym, PT, FS	(08) 8372 0999	info@hkaustralia.com
01702FA0409	Advanced Swiss Ball Training	CHEK Institute/HQH	ALL	10	No	PT FS		greqd@hgh.com
01790FA0909	Advanced Training for Muscular Endurance	Human Kinetics Australia	ALL	10	No	Gym, PT, FS	(08) 8372 0999	info@hkaustralia.com
01630FA1108	Agility, Quickness & Reactivity Twist Home Study	QPEC Fitness Solutions	ALL	5	No	Gym, PT, Children, Older Adults, FS	(180) 0 85 8151	info@qpec.com.au
01674FA0309	Anatomy of the Pelvis & Lower Extremity For Fitness Professionals	Melanie Sharman	ALL	5	Yes	ALL	(04) 1950 1187	msharman@hms.uq.edu.au
01673FA0309	Aquabalance Training Course for Trainers	Aquabalance	ALL	10	Yes	Aqua	(04) 2177 4131	balanced@primus.com.au
01669FA0309	ASCA Coaching Course Level 1	Australian Strength & Conditioning Association Inc.	ALL	15	Yes	ALL	(07) 3807 7119	info@strengthandconditioning.org
01717FA0609	Balance Health Club Freestyle Training Program	Balance Health Club	ALL	10	Yes	Group	(02) 4903 6213	
01613FA0908	Balls, Bands & Rollers - Pilates	Pilates Institute of Queensland	ALL	15	Yes	Gym, Group, PT, Specialists	(07) 3862 2322	info@pilatesoncollingwood.com.au
01544A0508	Better Backs	Australian Graduate School of Health & Sport Science	ALL	3	Yes	Gym, Group, PT	(03) 9569 0025	melissa.reid@aokhealth.com
01606FA0808	Better Balance	Centre of Physical Activity in Ageing	ALL	4	Yes	Group, Gym, PT, Older Adults. FS	(08) 8222 1889	ir829452@bigpond.net.au
01549Q0508	Body Tech	Body Tech Balance	Qld, NSW, ACT, SA, WA, VIC	9	Yes	PT	(07) 5449 1139	body.tech@optusnet.com.au
01799FA1009	Body Vlve Combined Training & Assessment	Les Mills Asia Pacific	ALL	15	Yes	Group	(02) 6282 8192	dione@lesmills.net.au
01759FA0109	BodyAttack Combined Training & Assessment	Les Mills Asia Pacific	ALL	15	Yes	Group	(02) 6282 8192	garry@lesmills.net.au
01814FA1109	Bodyblade for Exercise Trainers	Australian Graduate School of Health & Sport Science	ALL	7	Yes	Gym, PT, Group, FS	(02) 4963 9555	info@agshss.com

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01760FA0109	BodyCombat Combined Training & Assessment	Les Mills Asia Pacific	ALL	15	Yes	Group	(02) 6282 8192	garry@lesmills.net.au
01756FA0109	BodyJam Combined Training & Assessment	Les Mills Asia Pacific	ALL	15	Yes	Group	(02) 6282 8192	garry@lesmills.net.au
01757FA 0109	BodyPump Combined Training & Assessment	Les Mills Asia Pacific	ALL	15	Yes	Group	(02) 6282 8192	garry@lesmills.net.au
01761FA0109	BodyStep Combined Training & Assessment	Les Mills Asia Pacific	ALL	15	Yes	Group	(02) 6282 8192	garry@lesmills.net.au
01648FA0209	Bootcamp & Outdoor Group Fitness Course	Motivate to Train	ALL	8	Yes	Gym, PT, Older Adults, Children	(130) 0 78 9480	enquiries@motivatetotrain.com.au
01812FA1109	Bootcamp Fitness Testing Programs (mod 2.1)	Motivate to Train	ALL	4	Yes	Gym, PT,	(04) 0204 0588	chris_keogh@motivatetotrain.com.au
01539Q0408	Bosu IBT Certification	QPEC Pty Ltd (formerly SPRI Aust)	Qld,Act, NSW, SA, Vic	6	Yes	PT	(018) 0085 8151	info@qpec.com.au
01706FA0409	Boundless Health	Boundless Health	ALL	10	Yes	Older Adults	(02) 4677 1039	paul.lillyman@boundlesshealth.com.au
01748FA0709	BOXF1:Basics of Boxing	Boxingfit	ALL	6	Yes	PT, Gym, Goup	(03) 8742 7222	info@boxingfit.com.au
01552N0508	Boxing Basics	Danny Morgan	NSW	10	Yes	Group, PT	(04) 1171 5770	clockwork48@hotmail.com
01527C0308	Boxing Combo's for PT	Gary James	ACT	3	Yes	PT	(02) 6286 1324	
01622FA1008	Boxing Exercise Workshop	All Stars Self Defence Centres Plc	ALL	3	Yes	Gym, Group PT	(03) 9579 0800	info@allstars.net.au
01806FA1109	Boxing for Beginners/Padwork for Fitness	No Excuses Training Methods	ALL	5	Yes	Group Gym, PT	(04) 3314 9033	ngsengkee@hotmail.com
01819FA1209	Boxing for Fitness - Human Performance Centre	Human Performance Centre (QLD) Pty Ltd	ALL	8	Yes	Gym, PT	(07) 5526 0183	info@h-p-c.com.au
01616FA1008	Boxing Training for PTs	Fitnation Pty Ltd	ALL	5	Yes	PT	(03) 9596 5533	enquiries@fitnation.com.au
01553W0508	Boxing/Kickboxing Course	Seishin Martial Arts & Fitness Academy	WA	2	Yes	Gym, PT	(04) 1603 6705	
01523Q0308	Cardio Rope	Margaret McCluskey	QLD	2	Yes	Group	(07) 3131 9615	margmcc@optusnet.com
01794FA0909	Cardio-Respiratory Fitness Assessment & Prescription	Human Kinetics Australia	ALL	12	No	Gym, PT, FS	(08) 8372 0999	info@hkaustralia.com
01823FA0110	Certificate in Exercise Nutrition	Fitnation Pty Ltd	ALL	15	No	Gym, Group, PT, OD CT	(03) 9596 5533	enquiries@fitnation.com.au
01744FA0709	Certificate in Fitness & Nurtition for Older Adults	Fitnation Pty Ltd	ALL	15	No	OA, PT	(03) 9596 5533	enquiries@fitnation.com.au
01531N0308	Certificate IV Special Population Children & Adolescents	Dr Robbie Parker	NSW	15	Yes	Children's Trainer	(02) 9845 0761	julieh6@chw.edu.au
01532A0308	Certificate IV Special Population Children & Adolescents	Dr Robbie Parker	ALL	15	No	Children's Trainer	(02) 9845 0761	julieh6@chw.edu.au
01506N0208	Certificate of Childhood Diet and Nutrition	Cadence Health	NSW	8	No	Children	(02) 9949 5712	lcooper@cadencehealth.com.au
01737FA0709	Certificate of Diet & Nutrition	Cadence Health	ALL	15	No	PT	(02) 9949 5712	lcooper@cadencehealth.com.au
01505A0208	Certificate of Nutrition	Beck Health and Nutrition	ALL	8	No	PT	(02) 9981 6228	info@beckhealth.com.au
01772FA0809	Certificate of Sports Nutrition	Cadence health	ALL	15	No	PT	(02) 9949 5712	lcooper@cadencehealth.com.au
01742FA0709	Children's Fitness & Nutrition Certificate	Fitnation Pty Ltd	ALL	15	No	Gym, Kids PT	(03) 9596 5533	enquiries@fitnation.com.au
01817FA1209	Conducting Outdoor PT Sessions	Fitnation Pty Ltd	ALL	4	No	PT,	(03) 9596 5533	enquiries@fitnation.com.au
01679FA0309	Contract Relax Stretching	PT On The Net	ALL	2	No	PT		info@ptonthenet.com

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01820FA0110	Core Essential Ball Training	Physical Best	ALL	7	Yes	Gym, Group, PT, FS	(03) 9571 9331	lisa@physicalbest.com
01556Q0608	Core Module	Pilates Institute of Queensland	QLD	10	Yes	Group	(07) 3862 2322	jenny@pilatesoncillongwood.com.au
01604FA0808	Corrective Exercise for Muscle Imbalances	Fitnation Pty Ltd	ALL	5	Yes	PT, FS	(03) 9596 5533	enquiries@fitnation.com
01501N0208	Crank! Indoor Cycling	Cadence Fitness	NSW, QLD	10	Yes	Group	(03) 9419 6016	david@crankcycling.com.au
01511V0208	Cycle Excel	Donna Ellerton	VIC	6	Yes	Group		info@donnaellerton.com
01618FA1008	Cycle Excel (Level 2)	Donna Ellerton	ALL	3	Yes	Gym, Group, PT	(04) 0551 4462	info@donnaellerton.com
01808FA1109	Cycle Sensation	International Institute of Training (Australia)	ALL	5	Yes	Group	(03) 9779 3772	imfo@iita.com.au
01661FA0209	Dealing with Back Pain	Fitnation Pty Ltd	ALL	4	Yes	Gym, PT, Older Adults, FS	(03) 9596 5533	enquiries@fitnation.com
01662FA0209	Dealing with Back Pain	Fitnation Pty Ltd	ALL	4	No	Gym, PT, Older Adults, FS	(03) 9596 5533	enquiries@fitnation.com
01663FA0209	Dealing with Knee Injuries & Conditions	Fitnation Pty Ltd	ALL	4	Yes	Gym, PT Older Adults, FS	(03) 9596 5533	enquiries@fitnation.com
01664FA0209	Dealing with Knee Injuries & Conditions	Fitnation Pty Ltd	ALL	4	No	Gym, PT Older Adults, FS	(03) 9596 5533	enquiries@fitnation.com
01660FA0209	Dealing with Shoulder Injuries	Fitnation Pty Ltd	ALL	4	No	Gym, PT, Older Adults, FS	(03) 9596 5533	enquiries@fitnation.com
01659FA0209	Dealing with Shoulder Injuries & Conditions	Fitnation Pty Ltd	ALL	4	Yes	Gum, PT, Older Adults, FS	(03) 9596 5533	enquiries@fitnation.com
01709FA0409	Detailed and Practical Functional Anatomy Level 1 - Upper Body	Baroona Road Physiotherapy	ALL	4	Yes	ALL	(07) 3368 4029	michael@baroonaraodphysiotherapy.com.au
01611FA0808	Detailed Practical Funtional Anatomy Level 1 - Part 1 Lower Body	Baroona Road Physiotherapy	ALL	15	Yes	Gym, Group, Aqua, PT, Older Adults, Children, Spec	(07) 3368 4029	michael@broonaroadphysiotherapy.com.au
01625FA1108	Duo Foundation Workshop	Duo Strength & Health Solutions	ALL	5	Yes	Grp, PT, Older Adults, Children, FS	(03) 5633 2929	info@duotraining.com
01637FA1208	EFM Coach Accreditation	Executive Fitness Management (EFM)	ALL	7	Yes	Gym, PT, Older Adults	(08) 8408 3085	holly.nunan@efm.net.au
01634FA1108	EFM Fitball Workshop	Executive Fitness Management (EFM)	ALL	5	Yes	Gym, Group, PT, Older Adults	(08) 8408 3085	holly.nunan@efm.net.au
01647FA0209	Emergency Asthma Management	The Asthma Foundation NSW	ALL	3	Yes	ALL	(02) 9018 0518	sovens@asthmsw.org.au
01698FA0409	Equal But Not The Same	CHEK Institute/HQH	ALL	15	No	PT FS	(0) 9478 2111	gregd@hgh.com
01691FA0309	Exam 28: Core Training	PT On The Net	ALL	2	No	PT		info@ptonthenet.com
01692FA0309	Exam 29: Functional Program Design	PT On The Net	ALL	2	No	PT		info@ptonthenet.com
01693FA0309	Exam 30: Functional Flexibility	PT On The Net	ALL	2	No	PT		info@ptonthenet.com
01778FA0909	Exercise & Pregnancy	Human Kinetics Australia	ALL	6	No	PT, FS	(08) 8372 0999	info@hkaustralia.com
01791FA0909	Exercise Anatomy	Human Kinetics Australia	ALL	10	No	ALL	(08) 8372 0999	info@hkaustralia.com
01542N0508	Exercise and Pregnancy	Australian Graduate School of Health and Sports Science	ALL	5	Yes	Gym, PT, Sp	(02) 4963 9955	melissa.reid@aokhealth.com
01714FA0609	Exercise and the Older Adult	Centre for Physical Activity in Aging	ALL	15	Yes	Older Adults, Group	(08) 8222 1891	rbarnard@hampstead.rah.sa.gov.au
01653FA0209	Exercise for Older Adults	Fitnation Pty Ltd	ALL	5	Yes	Gym, PT, Older Adults, FS	(03) 9596 5533	enquiries@fitnation.com

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01665FA0209	Exercise for Rehabilitation Principles	Fitnation Pty Ltd	ALL	5	Yes	Gym, PT Older Adults, FS	(03) 9596 5533	enquiries@fitnation.com
01782FA0909	Exercise Nutrition	Human Kinetics Australia	ALL	8	No	Gym, PT, FS	(08) 8372 0999	info@hkaustralia.com
01732FA0609	Exercise Physiology	Fitnace Australia	ALL	5	Yes	GYM	(07) 3358 3214	info@fitnace.com.au
01733FA0609	Exercise Physiology	Fitnace Australia	ALL	3	No	GYM	(07) 3358 3214	info@fitnace.com.au
01783FA0909	Exercise Physiology	Human Kinetics Australia	ALL	8	No	ALL	(08) 8372 0999	info@hkaustralia.com
01651FA0209	Exercise Rehabilitation Certificate	Fitnation Pty Ltd	ALL	15	No	Gym, PT, Older Adults, FS	(03) 9596 5533	enquiries@fitnation.com
01753FA0809	Exercise Variety for Fitness & Weight Loss Incorporating Basic Boxing & Kickboxing	Padmasters	ALL	6	Yes	Gym, PT	(07) 5562 0302	
01559Q0608	Exploring the Depths of Tai Chi	Queensland Keep Fit Association Inc	QLD	10	Yes	Group	(07) 5482 2897	
01565N1207	Fight Do	Radical Fitness Pty Ltd	ALL	15	Yes	Group	(02) 9713 6822	ruthyp@radicalfitness.com.au
01712FA0509	Finishing First	Fitness First Australia	ALL	15	Yes	Group	(04) 1265 6931	karenbruk@fitnessfirst.com.au
01771FA0809	Fit And Strong Seniors	SHARE (SMR) Inc	ALL	6	Yes	Gym, Grpuo, PT, OA FS	(02) 9533 4422	batchelorj-share@iprimus.com.au
01601FA0808	Fitball Group Exercises	Fitball Therapy & Training/Physical Best	ALL	3	Yes	Group	(18) 0022 5526	georgie@fitball.com.au
01809FA1109	Fitkids Comprehensive Training Course	Levi Walz	ALL	15	Yes	Children's Instructors/Trainers	(04) 1279 8316	levitality@hotmail.com
01563N0708	Fitness Appraisal Clinic	Fitnation	Vic	3	Yes	Gym, PT	(03) 9596 5533	enquiries@fitnation.com.au
01548A0508	Fitness Boxing Pro Trainer	Fitness Boxing International	ALL	8	Yes	Group, PT	(02) 9016 2840	info@boxout.com.au
01655FA0209	Fitness Evaluation Techniques	Fitnation Pty Ltd	ALL	4	No	Gym, PT	(03) 9596 5533	enquiries@fitnation.com
01792FA0909	Fitness for Women	Human Kinetics Australia	ALL	10	No	Gym, PT, FS	(08) 8372 0999	info@hkaustralia.com
01541N0508	Fitness Pilates Mat	Body Align Training Systems	NSW, QLD, SA, VIC	15	Yes	Group	(03) 9569 0025	cmdiqby@bigpond.com.au
01784FA0909	Fitness Program Design for Sedentary & Active People	Human Kinetics Australia	ALL	8	No	Gym, PT, FS	(08) 8372 0999	info@hkaustralia.com
01785FA0909	Fitness Through Cycling	Human Kinetics Australia	ALL	8	No	Group	(08) 8372 0999	info@hkaustralia.com
01786FA0909	Fitness Through Walking and Running	Human Kinetics Australia	ALL	8	No	Gym, PT, FS	(08) 8372 0999	info@hkaustralia.com
01654FA0209	Flexibility & Stretching	Fitnation Pty Ltd	ALL	4	No	Gym, PT	(03) 9596 5533	enquiries@fitnation.com
01793FA0909	Flexibility Assessment & Prescription	Human Kinetics Australia	ALL	10	No	Gym, PT, FS	(08) 8372 0999	info@hkaustralia.com
01682FA0309	Flexibility Highways	PT On The Net	ALL	2	No	PT		info@ptonthenet.com
01824FA0110	Fluid Fitness Mum & Bub Aquafitness	Aquatic Education	ALL	5	No	AQUA	(07) 3390 3733	marcelle@aquaticeducation.com
01683FA0309	Foam Roller Flexibility - Self Myofascial Release	PT On The Net	ALL	2	No	PT		info@ptonthenet.com
01522W0308	Free Weights Re-Visited DVD	Fitness WA Inc	WA	1	No	Gym, PT	(08) 9383 7734	fitness@fitnesswa.asn.au
01697FA0409	Freestyle Essentials 101	The Music and Motion Studio	ALL	5	Yes	Group	(03) 9886 6288	sales@musicandmotion.com.au
01529W0308	Freestyle for Beginners	Fitness WA	WA	1	No	Group	(08) 9383 7734	fitness@fitnesswa.asn.au
01805FA1109	Freestyle Spin Instructor Training Stage One	Jenny Craven	ALL	5	Yes	Group	(04) 3391 0618	jennycraven@optusnet.com.au
01516N0208	Fun & Flex With Bands	Christine Reilly	NSW	3	Yes	Gym, Group, OA	(02) 9533 4422	sharehealtheduc@primus.com.au
01680FA0309	Functional Anatomy & Human Motion Pt I - Lower Extremity & Hip	PT On The Net	ALL	2	No	PT		info@ptonthenet.com

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01694FA0309	Functional Anatomy and Human Motion Part 2: Torso and Upper Extremity	PT On The Net	ALL	2	No	PT		info@ptonthenet.com
01684FA0309	Functional Integrated Abdominal Training	PT On The Net	ALL	2	No	PT		info@ptonthenet.com
01779FA0909	Functional Training for Sports	Human Kinetics Australia	ALL	6	No	Gym, PT	(08) 8372 0999	info@hkaustralia.com
01685FA0309	Functional Training: breaking The Bonds of Traditionalism	PT On The Net	ALL	5	No	PT		info@ptonthenet.com
01536A0408	Gravity: Personal Training	Highest Quality Health & Fitness	ALL	5	Yes	PT	(0) 9478 2111	maria@hgh.com
01738FA0709	Group Exercise for Children	Fitnation Pty Ltd	ALL	6	No	Gym, Kids, PT	(03) 9596 5533	enquiries@fitnation.com.au
01567N0708	Gymstick Health Instructors Course	Ready Set Go Pty Ltd	NSW, QLD, SA, WA, VIC	10	Yes	Group	(03) 9646 6867	darren.round@sportsportagencies.com
01569N0708	Gymstick Pilates	Ready Set Go Pty Ltd	NSW, QLD, SA, WA, VIC	5	Yes	Group	(03) 9646 6867	darren.round@sportsportagencies.com
01568N0708	Gymstick PT	Ready Set Go Pty Ltd	NSW, QLD, SA, WA, VIC	5	Yes	PT	(03) 9646 6867	darren.round@sportsportagencies.com
01728FA0609	Health Evaluation and Fitness Appraisal	Fitnace Australia	ALL	5	Yes	GYM	(07) 3358 3214	info@fitnace.com.au
01729FA0609	Health Evaluation and Fitness Appraisal	Fitnace Australia	ALL	3	No	GYM	(07) 3358 3214	info@fitnace.com.au
01615FA0908	Heartmoves & Health Professionals - Update	National Heart Foundation of Australia	ALL	4	Yes	Gym, Group, Older Adults, PT	(02) 4952 4699	amanda.nagle@heartfoundation.com.au
01752FA0709	Heartmoves Short Course for Exercise Professionals	The National Heart Foundation	ALL	15	Yes	Group, PT, OA, FS	(02) 4952 4699	deborah.huff@heartfoundation.com.au
01577N0708	Hot Cycle	Life Fitness Australia	ALL	15	Yes	Group, PT	(18) 0068 9622	amoses@lifefitness.com.au
01713FA0609	Hydrorider	Aquabuzz Pty Ltd	ALL	6	Yes	Aqua	(02) 9345 0711	russell@aquabuzz.com.au
01813FA1109	ICE 3	Australian Graduate School of Health & Sport Science	ALL	7	Yes	Gym, PT, OA, FS	(02) 4963 9555	info@agshss.com
01804FA1109	IKI	IKI Magic Pty Ltd	ALL	10	Yes	Group, Kids	(02) 6881 6404	kim@ikimagic.com
01530Q0308	Improving the Application of Stretching	Melanie Sharman	QLD, NT	5	Yes	Gym, Group, Aqua, PT, Kids, OA	(07) 3876 6522	ina@fitnessqld.org.au
01554W0508	In To Deep	Aquabalance	WA	4	Yes	Aqua	(04) 2177 4131	balanced@primus.com.au
01750FA0709	Individual/Small Group Pilates (Network Pilates PT)	Australian Fitness Network	ALL	13	Yes	PT	(02) 8424 7216	olivia.daly@fitnessnetwork.com.au
01573W0808	Indoor Cycling	Body Quest	WA	10	Yes	Gym	(08) 9325 8800	vanessa.como@fitnessnetwork.com.au
01627FA1108	Indoor Cycling Education (I.C.E) Stage 2	Australian Fitness Network	ALL	15	Yes	Gym Group PT	(02) 8424 7200	vanessa.como@fitnessnetwork.com.au
01624FA1008	Indoor Cycling Programme Level 1	BICA (Brians Indoor Cycling Academy)	ALL	10	Yes	Group	(04) 0211 1854	renais@bigpond.net.au
01670FA0309	Injury Prevention & Rehab Principles for Trainers	Sports Physiotherapy Pty Ltd	ALL	5	Yes	PT	(041) 7 43 9177	sportsphysiotherapyptyltd@yahoo.com.au

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01603FA0808	Innovative Group Pt Programming	Fitnation Pty Ltd	ALL	4	Yes	PT	(03) 9596 5533	enquiries@fitnation.com
01773FA0909	Innovative Swiss Ball Training	Centre for Adult Education	ALL	5	Yes	Gym, Group, PT	(03) 9652 0625	joyce@cae.edu.au
01718FA0609	Integrated Corrective Exercise (ICE) Program Level One	Australian Graduate School Of Health and Sports Science	ALL	15	Yes	Gym, PT, OA, Kids. FS	(02) 4963 9555	info@aqshss.com
01719FA0609	Integrated Corrective Exercise (ICE) Program Level Two - Corrective Exercise Certificate	Australian Graduate School Of Health and Sports Science	ALL	15	Yes	Gym, PT, OA, Kids. FS	(02) 4963 9555	info@aqshss.com
01686FA0309	Integrated Training Progressions: Fun and Challenging Progressions	PT On The Net	ALL	2	No	PT		info@ptonthenet.com
01770FA0809	Interval Plus Noodles	Kerri Parkinson	ALL	3	Yes	Aqua	(04) 1900 7555	jumpingjaksplash@optusnet.com
01730FA0609	Introduction to Preparing a Resistance Training Program & Program Prescription	Fitnance Australia	ALL	5	Yes	GYM	(07) 3358 3214	info@fitnance.com.au
01731FA0609	Introduction to Preparing a Resistance Training Program & Program Prescription	Fitnance Australia	ALL	3	No	GYM	(07) 3358 3214	info@fitnance.com.au
01524Q0308	Issues Relevant To Musculoskeletal Conditions: Training During Pregnancy	Michael Ridgway, Cathy Doring	QLD	5	Yes	Gym, PT, SP	(07) 3368 4029	mgrphysio@yahoo.com.au
01708FA0409	Ki Max	Radical Fitness	ALL	15	Yes	Group, Gym	(02) 9713 6822	ruthyp@radicalfitness.net
01623FA1008	Kickboxing Exercise Workshop	All Stars Self Defence Centres Plc	ALL	3	Yes	Gym, Group PT	(03) 9579 0800	info@allstars.net.au
01695FA0309	Kinder Moves Instructor Course	Fitnation Pty Ltd	VIC	10	Yes	Childrens Instructors/trainers	(03) 9596 5533	kristin@fitnation.com.au
01696FA0309	Kinder Moves Instructor Course	Fitnation Pty Ltd	ALL	10	No	Childrens Instructors/trainers	(03) 9596 5533	kristin@fitnation.com.au
01636FA1108	Knee/Ankle Pain & Injuries - Specific Exercise Prescription	Gym ED Continuing Education	ALL	4	Yes	Gym, PT, Older Adults, FS	(08) 9284 0388	regenerate@westnet.com.au
01635FA1108	Leadership & Communication Awareness	Evolving People Pty Ltd	ALL	15	Yes	Gym, Group, Older Adults, Aqua, PT, FS	(02) 6454 3023	te-chi@snowy.net.au
01510V0208	Level 1 - Strength & Conditioning Coach	Ultra Firm	VIC	15	Yes	Gym PT	(04) 3422 4215	www.ultra-firm.com
01675FA0309	Level 1 Boxing for Fitness Accreditation	Thump Training Systems	ALL	8	Yes	Gym, PT, Older Adults, Children, FS	(13) 0055 8285	info@thumpboxing.com
01646FA0109	LG Spin	Fitness Force	ALL	5	Yes	Group	(03) 9444 0479	lgspin@hotmail.com
01602FA0808	Lifestyle Choices - Coaching & Counselling Skills for PTs	Fitnation Pty Ltd	ALL	4	Yes	PT	(03) 9596 5533	enquiries@fitnation.com
01667FA0209	Living Longer, Living Stronger	Council on the Ageing NSW	ALL	5	Yes	Gym, Group, PT Older Adults, FS	(02) 9286 3860	lls@cotansw.com
01600FA0708	Lower Back Pain and Injuries - Specific Exercise Prescription	GymED Continuing Education	ALL	5	Yes	Gym, PT, FS	(08) 9284 0388	regenerate@westnet.com.au
01537W0408	MaxSynergy Group Training Course (GT)	Max Synergy	WA	12	Yes	Group, PT	(0) 4179 8459	jason@maxsynergy.com
01571N0708	Meal Timing - Science to Success	SmartShape	NSW, QLD, SA	5	Yes	PT, Gym	(02) 9620 9511	matt@smartshape.com.au
01572N0708	Meal Timing - Science to Success	SmartShape	ALL	5	No	PT, Gym	(02) 9620 9511	matt@smartshape.com.au
01687FA0309	Mind and Muscle: An Introduction to Core	PT On The Net	ALL	2	No	PT		info@ptonthenet.com

Fitness Australia Accredited Courses

CEC Number	Course Name	Provider	States	No.CECs	Contact	Category	Ph Number	Email Address
01570N0708	Mini Moves Accreditation Course	Fitnation Pty Ltd	Vic, QLD	15	Yes	children	(03) 9596 5533	kristin@fitnation.com.au
01578N0708	Mini Moves Accreditation Course Correspondance	Fitnation Pty Ltd	ALL	15	No	Children	(03) 9596 5533	kristin@fitnation.com.au
01795FA0909	Muscular Fitness Assessment & Prescription	Human Kinetics Australia	ALL	12	No	Gym, PT, FS	(08) 8372 0999	info@hkaustralia.com
01521N0308	Network Pilates - Pilates & Pregnancy	Australian Fitness Network	NSW	10	Yes	Gym, Group, PT	(02) 8424 7200	liz.dene@fitnessnetwork.com.au
01520N0308	Network Pilates - Pilates on the Ball	Australian Fitness Network	NSW	5	Yes	Gym, Group, PT	(02) 8424 7200	liz.dene@fitnessnetwork.com.au
01566SA0708	No Falls Program	Active Aging	SA	5	Yes	Older Adults	(08) 8232 9077	katrineschke@activeagingsa.net.au
01512V0208	Nordic Walking Instructor	Pole Attraction	VIC	14	Yes	Group, PT	(042) 5 88 1733	training@poleattraction.com.au
01745FA0709	Nutrition & Weight Management	Fitnation Pty Ltd	ALL	4	No	Gym, PT	(03) 9596 5533	enquiries@fitnation.com.au
01780FA0909	Nutrition for Human Performance	Human Kinetics Australia	ALL	6	No	Gym, PT, FS	(08) 8372 0999	info@hkaustralia.com
01739FA0709	Nutrition for Kids	Fitnation Pty Ltd	ALL	4	No	Kids, PT	(03) 9596 5533	enquiries@fitnation.com.au
01746FA0709	Nutrition for Pregnancy & Lactation	Fitnation Pty Ltd	ALL	4	No	PT, FS	(03) 9596 5533	enquiries@fitnation.com.au
01743FA0709	Nutrition for Specific Medical & Physical Conditions	Fitnation Pty Ltd	ALL	4	No	OA, PT	(03) 9596 5533	enquiries@fitnation.com.au
01747FA0709	Nutrition for Sport	Fitnation Pty Ltd	ALL	4	No	PT, Gym	(03) 9596 5533	enquiries@fitnation.com.au
01656FA0209	Operating a Successful PT Business	Fitnation Pty Ltd	ALL	4	No	Gym, PT	(03) 9596 5533	enquiries@fitnation.com
01826FA0110	Optimal Training Methods	Michael Ridgeway	ALL	7	Yes	PT FS	(07) 3368 4029	michael@baroonaroadphysiotherapy.com.au
01797FA1009	Optimising Core Function	Centrality Pty Ltd	ALL	8	Yes	Gym, PT, FS	(04) 1262 4294	paulreid@centrality.com.au
01519N0208	Osteocise 4	Boundless Health	NSW	2	Yes	Group	(02) 4677 1039	paul.lillyman@boundlesshealth.com.au
01545N0508	Osteocise 5	Boundless Health	NSW, VIC	2	Yes	Group	(02) 4677 1039	paul.lillyman@boundlesshealth.com.au
01607FA0808	Osteocise 6	Boundless Health	ALL	3	Yes	Group	(02) 4677 1039	paul.lillyman@boundlesshealth.com.au
01668FA0209	Osteocise 7	Boundless Health	ALL	3	Yes	Group	(02) 4677 1039	paul.lillyman@boundlesshealth.com.au
01715FA0609	Osteocise 8	Boundless Health	ALL	3	Yes	Older Adults, Group	(02) 4677 1039	paul.lillyman@boundlesshealth.com.au
01621FA1008	Pad Workout Workshop	All Stars Self Defence Centres Plc	ALL	3	Yes	Gym, Group PT	(03) 9579 0800	info@allstars.net.au
01650FA0209	Padwork Pro Trainer	Fitness Boxing International	ALL	6	Yes	PT	(02) 9016 2840	info@boxout.com.au
01796FA0909	Pelvic Floor Basics for Fitness Professionals	Gym Ed Continuing Education	ALL	2	Yes	Gym, OA, FS, PT	(08) 9284 0388	adam@regeneratehealth.com.au
01626FA1108	Performance Boxing - Designed by Johnny Lewis	Performance Training Institute	ALL	5	Yes	Group, PT	(040) 1 14 2301	cbocking@eliteptsc.com
01608FA0808	Personal Trainer Success Course	Vision Personal Training	ALL	15	Yes	PT	(02) 9542 8200	andrew@visionpt.com.au
01740FA0709	Personal Training for Children	Fitnation Pty Ltd	ALL	6	Yes	Kids, PT	(03) 9596 5533	enquiries@fitnation.com.au
01741FA0709	Personal Training for Children	Fitnation Pty Ltd	ALL	6	No	Kids, PT	(03) 9596 5533	enquiries@fitnation.com.au
01822FA0110	Physical Conditions and Exercise	Fitnation Pty Ltd	ALL	4	No	PT,	(03) 9596 5533	enquiries@fitnation.com.au
01768FA0809	Pilates & Props - Foam Roller	art of motion training in movement	ALL	6	Yes	Gym, Group, PT, FS	(04) 0417 6370	move@art-of-motion.com
01765FA0809	Pilates & Props - Magic Circle	art of motion training in movement	ALL	6	Yes	Gym, Group, PT, FS	(04) 0417 6370	move@art-of-motion.com

Fitness Australia Accredited Courses

CEC Number	Course Name	Provider	States	No.CECs	Contact	Category	Ph Number	Email Address
01767FA0809	Pilates & Props - Toning Balls	art of motion training in movement	ALL	6	Yes	Gym, Group, PT, FS	(04) 0417 6370	move@art-of-motion.com
01764FA0809	Pilates Essentials Education	art of motion training in movement	ALL	15	Yes	Gym, Group, PT, FS	(04) 0417 6370	move@art-of-motion.com
01769FA0809	Pilates Flow	art of motion training in movement	ALL	14	Yes	Gym, Group, PT, FS	(04) 0417 6370	move@art-of-motion.com
01736FA0609	Pilates Level 3 Matwork	Pilates Institute of Queensland	ALL	15	Yes	FS	(07) 3862 2322	info@pilatesoncollingwood.com.au
01707FA0409	Pilates Matwork	Southbank Institute of Technology	ALL	15	Yes	GP	(07) 3244 5000	
01628FA1108	Pilates Matwork - Level 2	Pilates Institute of Queensland	ALL	15	Yes	Group, FS	(07) 3862 2322	info@pilatesoncollongwood.com.au
01555Q0608	Pilates Matwork Level 1	Pilates Institute of Queensland	QLD	10	Yes	Group	(07) 3862 2322	jenny@pilatesoncollongwood.com.au
01724FA0609	Pilates on the Swissball	Fitnation Pty Ltd	ALL	4	Yes	PT, FS	(03) 9596 5533	enquiries@fitnation.com.au
01725FA0609	Pilates on the Swissball	Fitnation Pty Ltd	ALL	4	No	PT, FS	(03) 9596 5533	enquiries@fitnation.com.au
01533W0408	Pilates Power	Art of Motion	WA	10	Yes	Group	(040) 4 17 6370	karin@art-of-motion.com
01762FA0809	Pilates Principles for Fitness Professionals	Positive Action Health & Fitness Pty Ltd	ALL	11	Yes	Gym, Group Pt, OA, FS	(04) 1250 0649	training@positiveaction.com.au
01710FA0409	Pole Walking Coach Level 1 Training	Community Fitness Australia Pty Ltd	ALL	15	Yes	ALL	(04) 0721 8814	michael@poleabout.com.au
01657FA0209	Postural Analysis & Correctional Exercise	Fitnation Pty Ltd	ALL	4	No	Gym, PT, Older Adults, FS	(03) 9596 5533	enquiries@fitnation.com
01821FA0110	Power & Speed	Fitnation Pty Ltd	ALL	4	No	PT, Gym, FS	(03) 9596 5533	enquiries@fitnation.com.au
01711FA0509	Power Yoga Teacher Training	Power Living Australia	ALL	15	Yes	Gym, Group, PT	(04) 1062 2280	duncan@powerliving.com.au
01535N0408	Powerfit	Radical Fitness Pty Ltd	ALL	15	Yes	Group	(02) 9713 6822	
01726FA0609	Pre & Post Natal Exercises	Fitnation Pty Ltd	ALL	4	Yes	Gym, Group, PT	(03) 9596 5533	enquiries@fitnation.com.au
01727FA0609	Pre & Post Natal Exercises	Fitnation Pty Ltd	ALL	4	No	Gym, Group, PT	(03) 9596 5533	enquiries@fitnation.com.au
01766FA0809	Pregnancy in Motion	art of motion training in movement	ALL	15	Yes	Gym, Group, PT, FS	(04) 0417 6370	move@art-of-motion.com
01666FA0209	Principles of Sports Injury Rehabilitation	Fitnation Pty Ltd	ALL	4	No	Gym, PT Older Adults, FS	(03) 9596 5533	enquiries@fitnation.com
01802FA1009	Pro Instructor Combined Training & Assessment	Les Mills Asia Pacific	ALL	15	Yes	Group	(02) 6282 8192	dione@lesmills.net.au
01815FA1209	Pro Instructor Day 3 (Additional Programme)	Les Mills Asia Pacific	ALL	5	Yes	Group	(02) 6282 8192	dione@lesmills.net.au
01700FA0409	Program Design	CHEK Institute/HQH	ALL	6	No	PT FS		gregd@hqh.com
01688FA0309	Program Design for Special Populations: Coronary Heart Disease	PT On The Net	ALL	2	No	PT		info@ptonthenet.com
01517N0208	Pros and Cons of Protein	Body Basics	ACT	2.5	Yes	Gym, Group, PT	(02) 6282 8244	fitness@netspeed.com.au
01564N0708	Punchfit Kick Pad Instructor Course	Punchfit	All	5	Yes	PT	(02) 9557 1717	info@punchfit.com.au
01525A0308	Punchfit Punch Pad Class Instructor Course	Punchfit	ALL	5	Yes	Group, PT	(02) 9557 1717	info@punchfit.com.au
01649FA0209	Punchfit Trainer Course	Punchfit	ALL	6	Yes	Gym , Group PT	(02) 9557 1717	info@punchfit.com.au
01705FA0409	Reducing Risk Among Older Adults - A Fallproof Method	Healthy Lifestyle (NSCCH)	ALL	5	Yes	Older Adults, GP, FS	(02) 8877 5306	scastell@nscch.health.nsw.gov.au
01810FA1109	Refresh Course	Fairfield City Leisure Centres (Fairfield City Council)	ALL	6	Yes	Aqua	(02) 9757 2433	ibradbury@fairfieldcity.nsw.gov.au

Fitness Australia Accredited Courses

CEC Number	Course Name	Provider	States	No.CECs	Contact	Category	Ph Number	Email Address
01514Q0208	Rehab Trainer (Part A)	Ulrik Larsen	QLD	5	Yes	PT, SP	(07) 3850 0727	ulrikandjen@aanet.com.au
01515Q0208	Rehab Trainer (Part B)	Ulrik Larsen	QLD	5	Yes	PT, SP	(07) 3857 0727	ulrikandjen@aanet.com.au
01576Q0808	Rehab Trainer Module	Rehab Trainer	QLD	5	Yes	PT, Group	(07) 7387 0769	
01546Q0508	Rehab Training Module 3	PT Rehab Trainer Ulrik Larsen	QLD	5	Yes	PT, SP	(07) 3857 0727	rehabtrainer@aanet.com.au
01557Q0608	Rehabilitation for Specific Injuries Level 2 Course 1	Baroona Road Physiotherapy	QLD	4	Yes	SP, Group, Gym, PT	(07) 3368 4029	michael@baroonaroadphysiotherapy.com.au
01575Q0808	Rehabilitation of Specific Injuries - Knee Injuries	Baroona Road Physiotherapy	QLD	4	Yes	PT Older Adults	(07) 3368 4029	
01538N0408	Remedial Pilates	Australian Fitness Network	NSW	10	Yes	Gym, Group, PT	(02) 8424 7200	
01614FA0908	Resistance Band Workout	Advanced Health n' Fitness	ALL	1	Yes	Gym, Group, PT, Older Adults	(02) 9528 5629	healthnfitness@gmail.com
01658FA0209	Resistance Training Exercises	Fitnation Pty Ltd	ALL	4	No	Gym, Older Adults	(03) 9596 5533	enquiries@fitnation.com
01619FA1008	Revive - Indoor Cycling	QPEC Fitness Solutions	ALL	15	Yes	Group	(18) 0085 8151	info@qpec.com.au
01758FA0109	RPM Combined Training & Assessment	Les Mills Asia Pacific	ALL	15	Yes	Group	(02) 6282 8192	garry@lesmills.net.au
01502W0208	Safe Water Exercise Instruction	Aquabalance	WA	3	Yes	Aqua		balanced@primus.com.au
01704FA0409	Schwinn Cycle Instructor Training	Institute of Australia	ALL	12	Yes	PT Gym GP	0416 136 055	institute.admin@gmail.com
01703FA0409	Scientific Back Training	CHEK Institute/HQH	ALL	14	No	PT FS		gregd@hgh.com
01774FA0909	Secrets to Recovery	Centre for Adult Education	ALL	3	Yes	Gym, Group, PT	(04) 1859 3574	joyce@cae.edu.au
01526C0308	Shoulder and Neck Rehabilitation	Diverse Concepts International	ACT	1.5	Yes	Gym, PT	(02) 6004 0409	drdion@webone.com.au
01638FA0109	Smart Aqua	Barbara Hensby	ALL	3	Yes	Aqua	(040) 8 74 6773	barbarahensby@iprimus.com.au
01798FA1009	Smart Fitball	The Music & Motion Studio	ALL	6	Yes	Group, Gym, PT OA	(03) 9886 6288	sales@musicandmotion.com.au
01672FA0309	Smartshape Nutrition for Fatloss & Health Course	SmartShape Pty Ltd	ALL	15	Yes	Gym, PT	(02) 9620 9511	info@smartshape.com.au
01671FA0309	SmartShape Weight Management Essentials Course	SmartShape Pty Ltd	ALL	15	Yes	Gym, PT	(02) 9620 9511	info@smartshape.com.au
01503C0208	South East Region Conference of Science and Medicine in Sport Day 1	Sports Medicine Australia - ACT Branch	NSW	2.5	Yes	PT. SP	(02) 6247 5115	simon@sportsmedicineact.org.au
01504C0208	South East Region Conference of Science and Medicine in Sport Day 2	Sports Medicine Australia - ACT Branch	NSW	5	Yes	PT, SP	(02) 6247 5115	simon@sportsmedicineact.org.au
01551Q0508	Sport Balance Level 1 Certification	QPEC Fitness Solutions	QLD, ACT, NSW, NT, SA, WA, VIC	8	Yes	PT	(07) 3219 8519	k.baldwin@optusnet.com.au
01633FA1108	Sport Core - Twist Home Study	QPEC Fitness Solutions	ALL	5	No	Gym, PT, Children, Older Adults, FS	(180) 0 85 8151	info@qpec.com.au
01632FA1108	Sports Balance - Twist Home Study	QPEC Fitness Solutions	ALL	5	No	Gym, PT, Children, Older Adults, FS	(180) 0 85 8151	info@qpec.com.au
01629FA1108	Sports Strength - Chest & Back Twist Home Study	QPEC Fitness Solutions	ALL	5	No	Gym, PT, Children, Older Adults, FS	(180) 0 85 8151	info@qpec.com.au
01631FA 1108	Sports Strength - Legs & Shoulders Twist Home Study	QPEC Fitness Solutions	ALL	5	No	Gym, PT, Children, Older Adults, FS	(180) 0 85 8151	info@qpec.com.au
01540Q0408	Sports Strength Level 1 Certificate	QPEC Pty Ltd (formerly SPRI Aust)	Qld,Act, NSW, SA, Vic	8	Yes	PT	(018) 0085 8151	info@qpec.com.au

Fitness Australia Accredited Courses

CEC Number	Course Name	Provider	States	No.CECs	Contact	Category	Ph Number	Email Address
01574Q0808	Steady Steps	Ann Lear	QLD	10	Yes	Group, Older Adults	(07) 3876 6522	annlear5@bigpond.net.au
01507V0208	Step Into Life - Boot Camp	Step Into Life	VIC	6	Yes	Gym, PT	(03) 9530 0855	www.stepintolife.com.au
01508V0208	Step Into Life - Fitball	Step Into Life	VIC	8	Yes	Gym	(03) 9530 0855	www.stepintolife.com.au
01513V0208	Step Into Life - Group PT	Step Into Life	VIC	15	Yes	PT	(03) 9530 0855	www.stepintolife.com.au
01509V0208	Step Into Life - Stretch & Flex	Step Into Life	VIC	5	Yes	Gym	(03) 9530 0855	www.stepintolife.com.au
01677FA0309	Steps to Success	PT On The Net	ALL	5	No	PT		info@ptonthenet.com
01751FA0709	Strength & Conditioning Seminar	Tony Boutagy	ALL	12	Yes	Gym, PT, FS	(04) 1321 2462	tony@tonyboutagy.com
01818FA1209	Strength for Life	COTA SA (Council on the Aging)	ALL	5	Yes	Gym, Group, PT, OAT, FS	(08) 8232 0422	irichards@cotasa.org.au
01800FA1009	Strength Training Program - Lift for Life	International Diabetes Institute	ALL	15	Yes	PT	(03) 9258 5910	ewolf@idi.org.au
01716FA0609	Strengthening for Over 60s	St Georges Hospital	ALL	6	Yes	Group, Older Adults, FS	(02) 9113 1397	keith.adamson@sesiahs.health.nsw.gov.au
01701FA0409	Swiss Ball Training	CHEK Institute/HQH	ALL	12	No	PT FS		greqd@hgh.com
01720FA0609	Swissball Exercises for Conditioning & Core Stability	Fitnation Pty Ltd	ALL	4	Yes	Gym, PT, OA, Kids,	(03) 9596 5533	enquiries@fitnation.com.au
01721FA0609	Swissball Exercises for Conditioning & Core Stability	Fitnation Pty Ltd	ALL	4	No	Gym, PT, OA, Kids,	(03) 9596 5533	enquiries@fitnation.com.au
01620FA1008	Swissball Instructor's Certificate	Fitnation Pty Ltd	ALL	15	No	Gym, PT	(03) 9596 5533	enquiries@fitnation.com.au
01610FA0808	Tai Chi for Arthritis	Dr Paul Lam	ALL	15	Yes	Group, PT, Older Adults, FS	(02) 9533 6511	manager@taichiproductions.com
01609FA0808	Tai Chi For Diabetes	Dr Paul Lam	ALL	15	Yes	Group, PT, Older Adults, FS	(02) 9533 6511	manager@taichiproductions.com
01734FA0609	Tai Chi for Health and Falls Injury Prevention	Exercise Medicine Australia	ALL	15	Yes	OA, Group	(02) 9281 8868	service@exercisemedicine.com.au
01639FA 0109	Tai Chi Workshop - "Every Step You Take"	SHARE (SMR) Incorporated	ALL	5	Yes	Gym, Group, Older Adults	(02) 9533 4422	batchelorj_share@iprimus.com.au
01676FA0309	Talking Function with Gary Gray	PT On The Net	ALL	2	No	PT		info@ptonthenet.com
01518N0208	TEMPLATE System - A Weight Management Course	Practicaleries/Clued on Food	NSW	5	Yes	PT	(02) 4957 9606	trent@cluedonfood.com.au
01776FA0909	The Complete Guide to Bodyweight Training	Centre for Adult Education	ALL	3	Yes	Gym, Group, PT	(04) 1859 3574	joyce@cae.edu.au
01681FA0309	The Essence of Medicine Ball Training	PT On The Net	ALL	5	No	PT		info@ptonthenet.com
01689FA0309	The Essence of Stability Ball Training	PT On The Net	ALL	5	No	PT		info@ptonthenet.com
01816FA1209	Theory & Technique of SMR(Foam Roller) Training	Personal Training Academy	ALL	4	Yes	Gym, PT	(03) 9553 1818	russell@ptacademy.com.au
01807FA1109	Thump Boxing Advanced Accrditation Course	Thump Training Systems	ALL	5	Yes	Gym, Group PT	(02) 9744 9099	info@thumpboxing.com
01605FA0808	Thump Knockout Personal Training	Thump Training Systems	ALL	8	Yes	PT	(02) 9744 9099	info@trainingsystems.com.au
01561N0608	Thump Super Class	Christian Marchegiani	ACT, NSW, QLD, SA, WA, VIC	3	Yes	Group, PT	(02) 9744 9099	info@thumpboxing.com
01754FA0809	Thump Super Class BOX	Thump Training Systems	ALL	4	Yes	Gym, PT, Group	(02) 9744 9099	christian@thumpboxing.com
01755FA0809	Thump Super Class KICK	Thump Training Systems	ALL	4	Yes	Gym, PT, Group	(02) 9744 9099	christian@thumpboxing.com
01612FA0908	Tomahawk Indoor Cycling Education (I.C.E.) Stage 1	Australian Fitness Network	ALL	15	Yes	Gym, Group, PT	(02) 8424 7216	vanessa.como@fitnessnetwork.com.au
01690FA0309	Total Core and Functional Training	PT On The Net	ALL	2	No	PT		info@ptonthenet.com

Fitness Australia Accredited Courses

CEC Number	Course Name	Provider	States	No.CECs	Contact	Category	Ph Number	Email Address
01775FA0909	Training Clients With Injuries - Rehabilitation	Michael Ridgway	ALL	7	Yes	PT, FS	(07) 3368 4029	michael@baroonaroadphysiotherapy.com.au
01749FA0709	TRX Suspension Training Instructors Course	Sling Fitness Pty Ltd	ALL	7	Yes	Gym, Group, PT, FS	(04) 0876 6696	info@slingfitness.com
01547Q0508	Twist Conditioning - Sports Strength level 1 Certification	QPEC Fitness Solutions	QLD, NSW, VIC, ACT, SA, WA	10	Yes	PT	(018) 0085 8151	info@qpec.com.au
01803FA1109	Urban Rebounding Instructor Training	Rebound Oz Pty Ltd	ALL	8	Yes	Group, PT	(13) 0085 1691	sales@reboundoz.com.au
01777FA0909	Water Exercise	Human Kinetics Australia	ALL	4	No	Aqua	(08) 8372 0999	info@hkaustralia.com
01528N0308	Weight Loss Nutrition	Cadence Health	NSW	15	No	PT	(02) 9949 5712	icooper@cadencehealth.com.au
01787FA0909	Weight Management	Human Kinetics Australia	ALL	8	No	Gym, PT, FS	(08) 8372 0999	info@hkaustralia.com
01722FA0609	Weights on the Swissball	Fitnation Pty Ltd	ALL	4	Yes	Gym, PT, OA, Kids,	(03) 9596 5533	enquiries@fitnation.com.au
01723FA0609	Weights on the Swissball	Fitnation Pty Ltd	ALL	4	No	Gym, PT, OA, Kids,	(03) 9596 5533	enquiries@fitnation.com.au
01801FA1009	Wellness Coaching For the Fitness Professional	Fiona Cosgrove Coaching and Seminars	ALL	4	Yes	Gym, Group, PT, FS	(04) 1622 4155	fiona@fionacosgrovecoaching.com.au
01550A0508	XLR8 Bronze	Bodymotion	ALL	15	Yes	Group	(13) 0036 3065	chris@bodymotion.com.au
01560SA0608	Your Core Conquered	Cherie Dunlop	SA	1.5	Yes	Gym, PT	(08) 8687 2020	term.cher@bigpond.com